

# YOU ARE INVITED...

You are invited to a **free suicide prevention training** in your area sponsored by the Idaho Awareness to Action Youth Suicide Prevention Project at Idaho State University-Institute of Rural Health. This training is designed to provide the latest scientific information on the warning signs, risk and protective factors for suicide and mental illness, along with practical guidance on how to identify youth at risk for suicide. Information will assist professionals, community leaders,



parents, advocates and all those who care for children and youth.

Suicide is the second leading cause of death for youth in Idaho, ages 15-34.

Many youth and young adults who complete suicide have a diagnosable mental illness at the time of death. Early intervention and treatment is vital to saving the lives of our youth.

Continuing Education Credit is offered to social workers, nurses and licensed counselors who attend the entire six-hour training. Others who attend the entire six-hour training will receive certificates of completion.

**Content is presented in lay terms so family members and advocates are especially encouraged to attend.**

Although this training addresses healing and resiliency, the subject matter maybe difficult for individuals who have had a loss from suicide, particularly a recent loss (within the past year). If you are a recent survivor of suicide, we recommend that you carefully reflect whether this is the best time for you to take this class.



**Awareness to Action Idaho Youth  
Suicide Prevention Project**

## POCATELLO

**Tuesday, October 11, 2011**

Idaho State University  
Student Union Bldg, Wood River Room  
797 East Humbolt Street

## CALDWELL

**Thursday, January 26, 2012**

Department of Health and Welfare  
3402 Franklin Rd.  
Sawtooth Room

## MERIDIAN

**Thursday, April 19, 2012**

Meridian Joint School Dist #2  
District Service Center  
1303 E. Central Drive  
Salmon River Room

## SANDPOINT

**Thursday, May 3, 2012**

Panhandle Health District  
1020 Michigan

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**ALL TRAININGS 9AM - 4PM**

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To pre-register go to  
[www.isu.edu/irh](http://www.isu.edu/irh)

- ✦ **Pre-registration is required**
- ✦ **Seating is limited, so register early**

For assistance contact Kirsti Beck at  
[preventsuicide@isu.edu](mailto:preventsuicide@isu.edu) or (208) 282-4436